



## Our **Vision**

To be the first-choice provider of professional community services in the Catholic Diocese of Rockhampton.

## Our **Mission**

To share in the healing ministry of Jesus, by providing professional community services to enhance the wellbeing of individuals and families.

## Our **Support Areas**

With offices across Central Queensland, a member of the CatholicCare team is never far away.



**CatholicCare**  
CENTRAL QUEENSLAND

Allied **Health**  
Services



## CatholicCare Allied Health Services

There are a number of services available for the frail, aged and people living with a disability of any age, to help them remain in their homes.

Allied health services can assist to maintain independence and optimal mental health and wellbeing.

We offer professional allied health services and are able to refer you to specialist services, including:

- Counselling and workshops
- Social work
- Referrals to podiatry, physiotherapy, occupational therapy and dental clinics

### Who is Eligible?

You may be eligible for Allied health services if you are a frail older person, a person with a disability, a carer of a frail older person or a person with a disability.

You may also have to wait for a vacancy.

### How is a referral made?

If you are over 65 years, you can make a referral by contacting the My Aged Care Gateway.

- via phone: **1800 200 422** or
- website: **myagedcare.gov.au** for registration and assessment.

Assessments are generally conducted face-to-face to better evaluate your needs. The assessment focuses on reablement, which is in line with our **Consumer Direct Care (CDC)** approach to service delivery.

If you are under 65 years, you can call the Community Services Access point on **1800 600 300**.



Maintain **your independence** and get the **most** out of **your life.**

### What is the cost?


CatholicCare services are affordable for people on pensions or part pensions.

The amount of your contribution will be discussed at the time of your assessment. We focus on wellness, reablement and restorative care in its delivery of Community Care Services.

All of our care staff undertake skills training to provide you with a high quality of professional allied health support.

## Get Started Now

 **Online at:** [www.catholiccarecq.com](http://www.catholiccarecq.com)

 **Call:** 1300 523 985

 **Email:** [admin@catholiccarecq.com](mailto:admin@catholiccarecq.com)

