



### Our Vision

To be the first-choice provider of professional community services in the Catholic Diocese of Rockhampton.

### Our Mission

To share in the healing ministry of Jesus, by providing professional community services to enhance the wellbeing of individuals and families.

### Get Started Now

 **Online at:** [www.catholiccarecq.com](http://www.catholiccarecq.com)

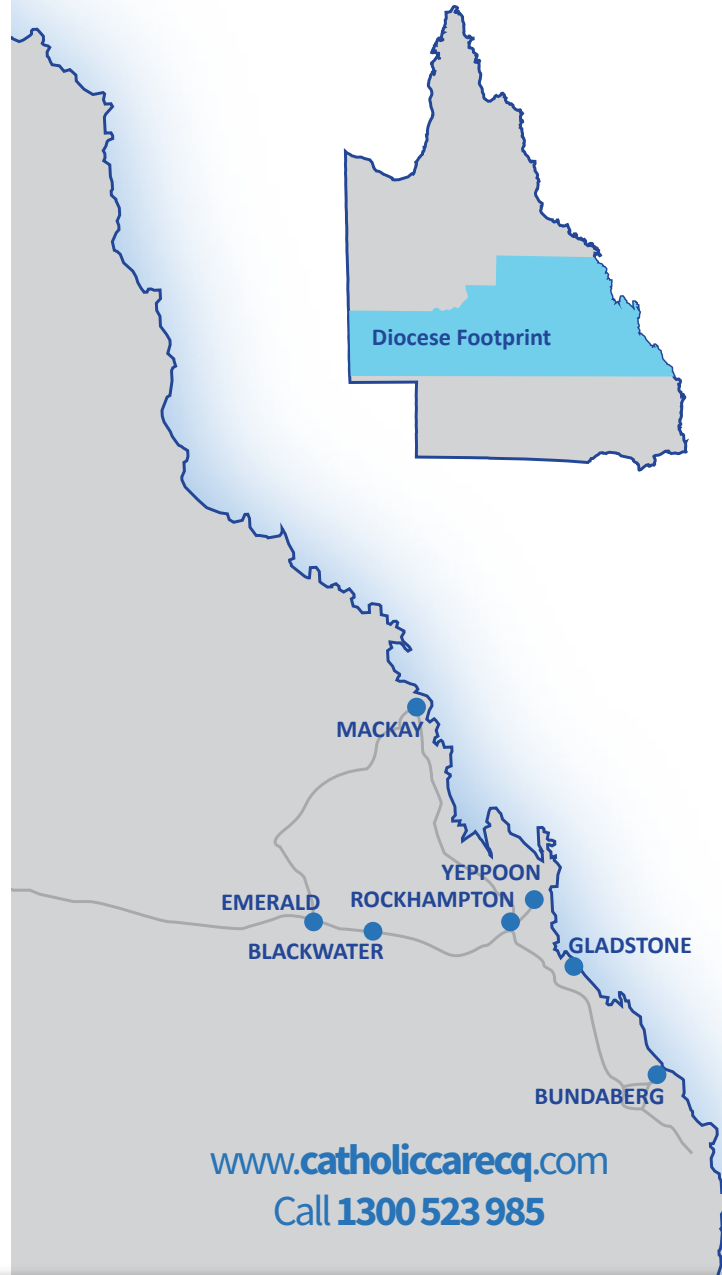
 **Call:** 1300 523 985

 **Email:** [admin@catholiccarecq.com](mailto:admin@catholiccarecq.com)



### Our Support Areas

With offices across Central Queensland, a member of the CatholicCare team is never far away.



[www.catholiccarecq.com](http://www.catholiccarecq.com)  
Call **1300 523 985**

# CatholicCare

CENTRAL QUEENSLAND

## Home Care Packages

Level 1-4



**You**  
matter



# Your life. Your way. Home care tailored to you!

## What is a Home Care Package?

A Home Care Package (HCP) provides services that will help you remain at home for as long as possible and provide choice and flexibility in your support.

Depending on your support needs, there are four HCP levels, ranging from basic to high care.

## What services can be provided?

Services delivered are based on your individual needs and may include:

- Transport for shopping or appointments
- Social support - providing company at home or during outings
- Domestic assistance - cleaning, washing and ironing
- Personal care - bathing and dressing
- Home Maintenance - minor repairs, lawn and garden care
- Equipment and safety aids - alarms, ramps, rails and mobility aids
- Nursing Care - wound dressing and continence advice
- Allied health - podiatry, physiotherapy, occupational therapy
- Preparing or delivering meals to your home
- Medication monitoring
- Case management.

## Our team

All CatholicCare staff:

- Are experienced in aged care
- Complete mandatory training
- Hold a current First Aid Certificate
- Hold current security clearances

CatholicCare supports independence, wellness, reablement and restorative care approaches in its delivery of home care services.

## How do I access a Package?

To receive a Home Care Package, you will need to be assessed by an Aged Care Assessment Team (ACAT).

The ACAT will assist you to determine what kind of care will best meet your individual needs and preferences.

The first step is to contact My Aged Care:

- online at [myagedcare.gov.au](http://myagedcare.gov.au)
- by calling 1800 200 422

My Aged Care will determine your eligibility and provide information about the assessment process. CatholicCare can support you in contacting and registering with My Aged Care.

Once you have been given approval for a package, you will need to contact CatholicCare. A case manager will arrange a meeting with you and any advocates to discuss your care requirements, goals and preferences. Our team will develop a service agreement, care plan and an individualised budget with you.

## How much will a package cost?

The Australian Government subsidises the delivery of home care services and packages.

However, if you can afford to, you are expected to contribute to the cost of your care.

You may be asked to pay:

- A basic daily fee of up to 17.5% of the single basic Age Pension
- An income-tested care fee if your home is over a certain amount

Special consideration may be given in situations of financial hardship.

If you would like to find out more, please discuss this with our CatholicCare staff.