



## Our Vision

To be the first-choice provider of professional community services in the Catholic Diocese of Rockhampton.

## Our Mission

To share in the healing ministry of Jesus, by providing professional community services to enhance the wellbeing of individuals and families.

## Get Started Now

 **Online at:** [www.catholiccarecq.com](http://www.catholiccarecq.com)

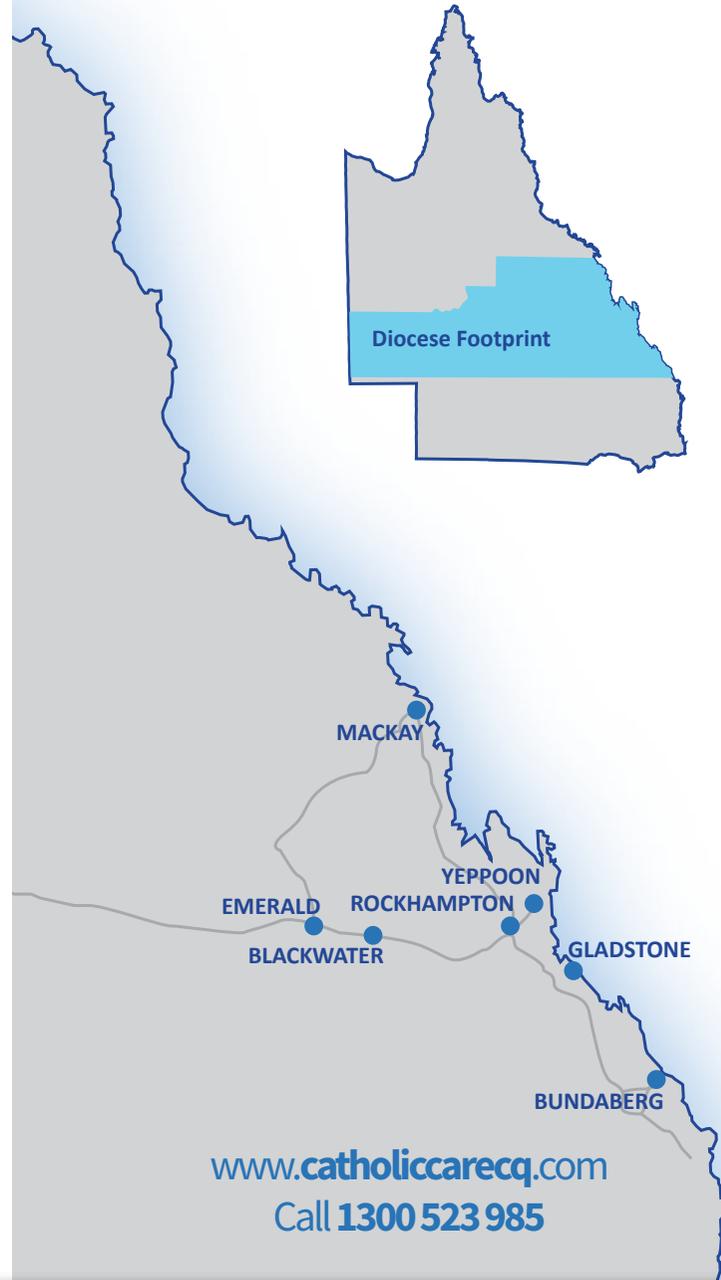
 **Call:** 1300 523 985

 **Email:** [admin@catholiccarecq.com](mailto:admin@catholiccarecq.com)



## Our Support Areas

With offices across Central Queensland, a member of the CatholicCare team is never far away.



[www.catholiccarecq.com](http://www.catholiccarecq.com)  
Call **1300 523 985**

# CatholicCare

CENTRAL QUEENSLAND

## Advocacy



**You**  
matter

## What is Advocacy?

Advocacy is the process of standing alongside a disadvantaged individual and speaking on their behalf to represent the best interests of that person.

The aim of advocacy is to bring about beneficial outcomes that enable the client to retain as much control as possible over how something is carried out.

## Why would I need an Advocate?

There may be numerous reasons why you might need an advocate. These can include:

- Assisting you to access services
- Assisting you to change services
- Ensuring the service chosen is appropriate
- Communicating with the service provider
- Negotiating suitable resolutions where a complaint or dispute has arisen

## Who can be an Advocate?

An advocate is someone who can assist you.

This person can be a family member, friend or other person with whom you feel comfortable. You may have a different person as an advocate at different times.

## The role of an Advocate

Advocacy may involve speaking, acting or writing on behalf of an individual (or group) who has / have limited ability to exercise their rights.

Advocacy is a mechanism to facilitate client rights, and you may be requested to support the client in exercising their rights.

An advocate could be asked to support the client's rights to:

- Privacy and confidentiality
- Respect and dignity
- Quality services
- Access information to inform decision making
- Choice and control
- Make and resolve complaints
- Non-discriminatory service
- Protection of legal and human rights, and freedom from abuse and neglect

The **role of the advocate is not impartial**, as they have an obligation to operate entirely from the perspective of the client in negotiating an outcome.

## Advocates Checklist

Advocates must ensure:

- The client has given written permission
- CatholicCare is informed of the advocacy
- Action is always in the best interests of the client
- The client is aware and informed of any issues and developments in relation to services they receive that may involve advocacy
- The client is kept informed of any decisions that are made
- The client is encouraged to provide feedback to you about the services they are receiving
- CatholicCare is advised about any changes in client circumstances and any concerns about changing client needs.
- They avoid any circumstances where a conflict of interest may arise
- They do not act as an interpreter for the client while acting in an advocacy role
- You can also contact a free & confidential, independent advocacy service. A professional can be with you and assist you:
  - Aged and Disability Advocacy Australia (ADA Australia) **1800 818 338**
  - National Aged Care Advocacy Line **1800 700 600**