



Our **Vision**

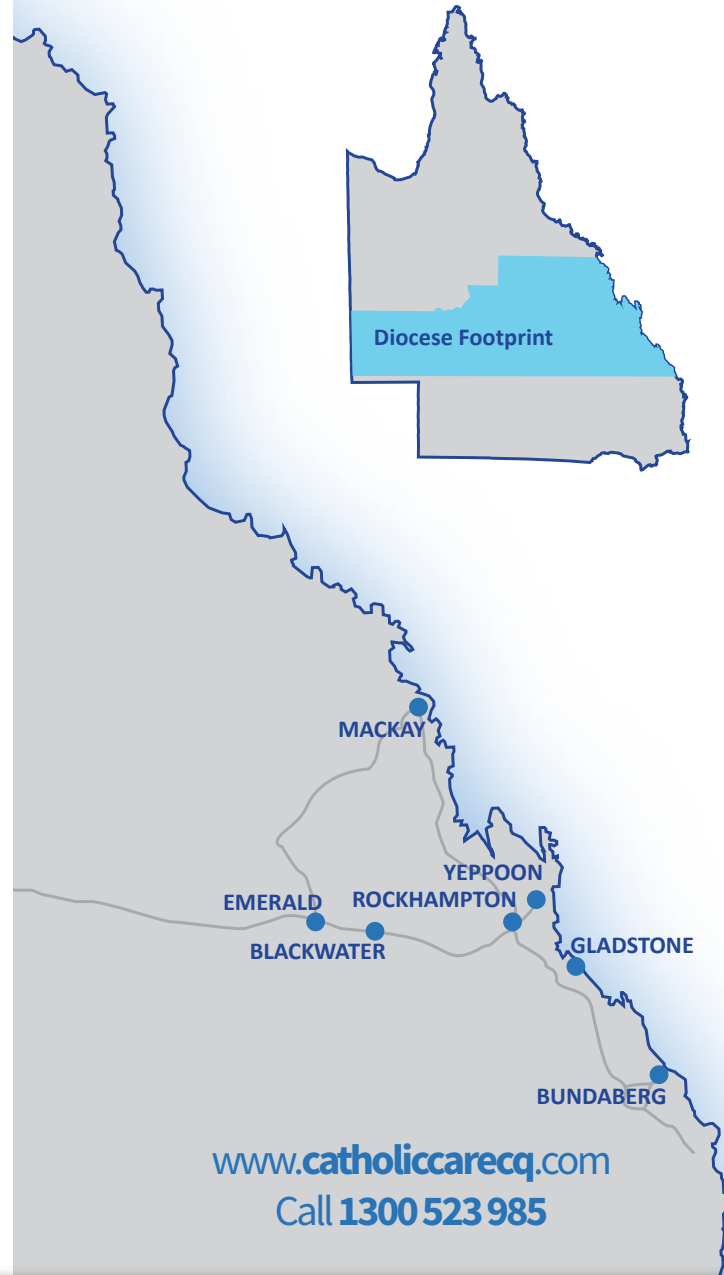
To be the first-choice provider of professional community services in the Catholic Diocese of Rockhampton.

Our **Mission**

To share in the healing ministry of Jesus, by providing professional community services to enhance the wellbeing of individuals and families.

Our **Support Areas**

With offices across Central Queensland, a member of the CatholicCare team is never far away.



CatholicCare
CENTRAL QUEENSLAND

Family & Relationship **Community Education**



Program Overview

The Family and Relationship Community Education program provides education to groups, individuals and professionals to strengthen relationships, support families, improve the wellbeing of children and increase participation within communities.

Through the development and implementation of programs and educational workshops, CatholicCare aims to increase community connections, build strong and resilient families and educate the community based on their current needs.

Training content will be tailored to individual community needs, but some topics that may be covered include:

- Behaviour management
- Effective co-parenting
- Coping after separation
- Budgeting
- Parenting with mental illness
- 1, 2, 3 Magic parenting workshop
- Bullying
- Preparing for 'Schoolies'
- Creating independence

Who is Eligible?

Services can be provided to:

- Families
- Children
- Young people
- Communities
- Professionals



Gain the **knowledge** to build **stronger family relationships.**

What is the cost?

Fees for both community and individual education will be set when the educational opportunity or workshop is booked.

It is CatholicCare's policy that no client will be refused service due to their inability to contribute a fee.

How do I book?

To find out what educational opportunities are coming up in your area, visit the CatholicCare website at catholiccarecq.com or call our friendly Team on 1300 523 985.

Bookings for workshops can be made calling us and quoting the workshop name and location.

Fee for Service education can be negotiated by contacting the Senior Regional Coordinator of Family & Community Support Services in your local area by contacting the details below.

This CatholicCare service is funded by the Australian Government Department of Social Services.

Get Started Now

 **Online at:** www.catholiccarecq.com

 **Call:** 1300 523 985

 **Email:** admin@catholiccarecq.com

